

Our inspiration

We were inspired by the challenges children face in clinical environments.

Many children feel stress, fear and uncertainty during medical procedures.

We wanted to design a comforting space that turns those feelings into curiosity, calm and a sense of wonder.

"Turning fear
into a sense of
wonder."



An EPS project by ISEP

Team 6

Healing Cocoon is our European Project Semester (EPS) project, developed at ISEP - Polytechnic Institute of Porto.

Our goal is to create an innovative solution that improves the well-being of children during medical treatments.

Our team



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Healing Cocoon

Designed for children

Healing Cocoon creates a safe and immersive environment that helps children feel calm, comfortable and in control.



Reduce stress and anxiety

Calming audio and scent stimulation promote relaxation.

180°

Immersive 180° experience

A full visual environment that turns fear into wonder.



Wheelchair accessible

Designed for comfort, accessibility and every child.

ISEP



HEALING COCOON

Turning fear into a sense of wonder

A multisensory cocoon that helps children feel safe, relaxed and empowering during medical treatments and therapy.



Scan to access the app



Based in Porto, Portugal



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How it works

1



Scan the QR code to access the Healing Cocoon app.

2



Choose an environment from pre-programmed modes fitting the child's needs.

3



Start the session to relax and enjoy an immersive experience designed to reduce stress and fear.

